

MINI ME FOR KIDS / 9.9 [12 YEARS & UNDER]

PENNE NAPOLITANA / (V) GF AVAILABLE
Napolitana Sauce / Basil / Parmesan

CHICKEN NUGGETS + CHIPS
Chicken Nuggets & Chips / Tomato sauce

LITTLE LION PIZZA
Roasted Chicken / Bacon / Mozzarella cheese

MINI HAWAIIAN
Pizza sauce / Shaved Ham / Juicy Pineapple / Mozzarella Cheese

CHEESE PASTA
Linguine / Cream / Cheese

KIDS JUICES / 4.2
APPLE / ORANGE / APPLE & BLACKCURRANT

SOFT DRINKS / 4.5

Selection available at the bar

WATERS

WATER SMALL / 3.9
WATER LARGE / 4.2
SPARKLING WATER SMALL / 4.2
SPARKLING WATER LARGE / 8.9

FLAVOURED SPARKLING MINERAL WATER

ORANGE & MANGO / 4.7
BLOOD ORANGE / 4.7
GUAVA / 4.7
PASSIONFRUIT / 4.7
TONIC WATER / 4.2
DRY GINGER ALE / 4.2

COFFEE & TEA

LONG MACCHIATO / CAPPUCCINO / 3.5
FLAT WHITE / LONG BLACK / LATTE / 3.5
HOT CHOCOLATE / 3.5
CHAI LATTE VANILLA / CHAI LATTE SPICE / 4.5
VIENNA COFFEE / VIENNA CHOCOLATE / 4.5
MOCHA / 4.5
ICED CHOCOLATE / ICED COFFEE / 5.5
AFFOGATO / 5.5
SHORT BLACK / 3.0
SHORT MACCHIATO / 3.1
BABYCINO / 1.2

COFFEE ADDITIONS

MUG UPGRADE / EXTRA ESPRESSO / 1.0
SOY MILK / ZYMIL MILK / 1.0
ALMOND MILK / FLAVOURS / 1.2
EXTRA ICE CREAM / 1.0

TEA

ENGLISH BREAKFAST / CHAMOMILE / 3.5
PEPPERMINT / EARL GREY / 3.5
GREEN TEA / GINGER & LEMONGRASS / 3.5

LIPTON ICE TEA

LEMON / PEACH / MANGO / 4.8

SHAKES

CHOCOLATE / VANILLA / STRAWBERRY /
CAMEL / BANANA / 6.5

JUICES

GLASS OF JUICE (ORANGE / APPLE) / 4.5
SPRING VALLEY PINEAPPLE JUICE / 6.5
SPRING VALLEY MANGO BANANA JUICE / 6.5
CHARLIE'S HONEST SQUEEZED ORANGE JUICE / 6.5
CHARLIE'S HONEST PRESSED APPLE JUICE / 6.5

NATURAL JUICE SMOOTHIES

APPLE, BANANA, LYCHEE & MANGO / 5.5
APPLE, PEACH, KIWI, MANGO & LIME / 5.5
APPLE, GUAVA, BLACKCURRANT, STRAWBERRY
& BLUEBERRY / 5.5
APPLE, ORANGE, GUAVA, BANANA, PINEAPPLE
& PAW PAW / 5.5
CHARLIE'S FRUIT FIX MANGO, COCONUT WITH
BANANA, APPLE & ORANGE / 6.5

SPARGO'S SMOOTHIES

RED FOR ANTIOXIDANT / 7.5

STRAWBERRY / BANANA / RASPBERRY / POME-
GRANATES / DATES

GREEN FOR DETOX / 7.5

KALE / SPINACH / KIWI / PINEAPPLE / AVOCADO

YELLOW FOR ENERGIZE / 7.5

BANANA / APRICOT / MANGO / TURMERIC /
HONEY

PURPLE FOR IMMUNE / 7.5

BLUEBERRY / DRAGON FRUIT / BEETROOT /
PINEAPPLE / GINGER

MILK OR WATER

COCONUT MILK / ALMOND MILK /
SOYMILK / ZYMIL / 1.0

REDS

HENTLEY FARM 'VILLAIN & VIXEN' SHIRAZ / 8.5 / 36

Barossa Valley, South Australia

BREMERTON SELKIRK SHIRAZ / 36

Langhorne Creek, South Australia

ROBERT OATLEY SIGNATURE SHIRAZ / 8.5 / 36

McLaren Vale, South Australia

BREMERTON TAMBLYN CAB SHIRAZ MALBEC MERLOT / 8.5 / 36

Langhorne Creek, South Australia

HANCOCK AND HANCOCK SHIRAZ GRENACHE / 8.5 / 36

McLaren Vale, South Australia

RYMILL YEARELING CAB SAUV / 36

Coonawarra, South Australia

PIKES 'LOS COMPANEROS' SHIRAZ TEMPRANILLO / 36

Clare Valley, South Australia

FOUR IN HAND SHIRAZ / 40

Barossa Valley, South Australia

LUNA ROSA / 8.0 / 28.5

Central Ranges

SPARGO'S HOUSE RED / 6.5 / 28

WHITES

THE LANE BLOCK 10 SAUVIGNON BLANC / 8.5 / 36

Adelaide Hills, South Australia

GIESEN ESTATE SAUVIGNON BLANC / 8.5 / 36

Marlborough, New Zealand

WILSON WATERVALE VINEYARD RIESLING / 8.5 / 36

Clare Valley, South Australia

WILDFLOWER CHARDONNAY / 8.5 / 37

Margaret River, Western Australia

FIORE PINK MOSCATO / 8.5 / 36

Mudgee, New South Wales

PIKES LUCCIO PINOT GRIGIO / 8.5 / 36

Clare Valley, South Australia

SPARGO'S HOUSE WHITE / 6.5 / 28

SPARKLING

CHAIN OF FIRE SPARKLING BRUT / 8.0 / 30

South Eastern Australia

LA GIOIOSA NV PROSECCO PICCOLO 200ml / 11.5

Veneto, Italy

THE LANE LOIS BLANC DE BLANC NV SPARKLING / 33

Adelaide Hills, South Australia

TALTARNI SPARKLING SHIRAZ / 38

Pyrenees

SPIRITS

JOHNNY WALKER RED LABEL / 8.5

JIM BEAM BOURBON WHISKEY / 8.5

JACK DANIELS OLD NO 7 / 8.5

WILD TURKEY BOURBON WHISKEY / 9.5

CANADIAN CLUB / 9.5

BUNDABERG RUM / 9.5

SMIRNOFF RED LABEL VODKA / 9.5

GORDON'S LONDON DRY GIN / 9.5

SOUTHERN COMFORT / 9.5

ST AGNES V.S. BRANDY / 8.5

BACARDI SUPERIOR / 9.5

JOHNNY WALKER BLACK LABEL / 9.5

BEER

COOPERS PALE ALE / COOPERS SPARKLING / HAHN SUPER DRY / ASAHI SUPER DRY /

PURE BLONDE / JAMES BOAGS / 8.0

MOUNTAIN GOAT STEAM ALE / STELLA / HEINEKEN / CORONA / PERONI / 8.5

HAHN LIGHT / 7.5

CRAFT BEER

YENDA PALE ALE / 9.5

JAMES SQUIRE NINE TALES / ONE FIFTY LASHES / 9.5

REKORDERLIG CIDERS

STRAWBERRY & LIME / WILD BERRIES / PASSIONFRUIT / APPLE / PEAR / 9.0

COCKTAILS

STRAWBERRY LIME + VODKA / 10.5

PASSIONFRUIT + GIN / 10.5

WILD BERRIES + RUM / 10.5

(V) Vegetarian / (GF) Gluten Free. Some dishes may have ingredients not listed.
Please let us know if you have any allergies & check with staff before ordering.

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SPARGO'S ^{cafe} + ^{bar}

Food & Drinks



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BREAKFAST / UNTIL 11:30AM / GLUTEN FREE TOAST +2

TOAST / 4.9

RAISIN TOAST / 5.9

Butter / Jam

GRANOLA / 13.9

Creamy Yoghurt / Seasonal Fruits / Toasted Muesli / Strawberry Sauce

EGGS YOUR WAY / 12.0

Two Eggs Cook to Your Liking / Sourdough Bread / Spinach

BREAKFAST SANDWICH / 14.5

Bacon Rashers / Fried Egg / Sauce

NONNA'S BREAKFAST BRUSCHETTA / 15.9

Medley of Vegetables / Eggs / Sourdough Bread / Italian Spices

PANCAKES / 15.9

Triple Staked Buttermilk Pancakes / Cream / Berries Compote / Maple Syrup

EGG BENEDICT / 17.9

Poached Eggs / Shaved Leg Ham / Sautéed Spinach / Hollandaise / Sourdough Bread

EGG ROYALE / 19.9

Poached Eggs / Smoked Salmon / Sautéed Spinach / Sourdough Bread / Hollandaise

SMASHED AVOCADO / 19.9

Smashed Avocado / Poached Eggs / Sourdough Bread / Rocket Fetta & Onion / Pomegranate / Super Seeds

BIG B / 20.9

Eggs Your Way / Bacon Rashers / Sausage / Braised Mushroom / Grilled Tomato / Spinach / Sourdough Bread

SPARGO'S BREAKFAST / 20.9

Cold Smoked Tasmanian Salmon / Poached Eggs / Rocket Parmesan & Pear / Sourdough Bread / Balsamic Glaze

CANADIAN BREAKFAST / 20.9

Two Buttermilk Pancake / Bacon Rashers / Fried Eggs / Maple Syrup

PRIMI / ENTREES

GARLIC OR HERBS PIZZA BREAD (V) / 6.5

BEER BATTERED POTATO CHIPS (V) / 8.9

BRUSCHETTA POMODORO (V) / 12.9

Traditional Tomato / Bocconcini / Onion / Herbs on Toasted Ciabatta

SCHIACCIATTA PROSCIUTTO / 16.5

Garlic Pizza Topped with Prosciutto / Rocket / Shaved Parmesan

ANTIPASTO / 28.9

Selection Italian Delicacy of Cured Meat / Marinated Vegetables / Cheeses / Breads

FOCACCIA / GF AVAILABLE +3

CHICKEN / 14.5

Roasted Chicken Breast / Avocado / Iceberg Lettuce / Aioli

LAMB / 15.5

Greek Style Marinated Grilled Lamb / Iceberg Lettuce / Tomato / Spanish Onion / Tzatziki

CAESAR / 14.5

Char-Grilled Bacon / Roasted Chicken Breast / Iceberg Lettuce / Italian Parmesan / Caesar Dressing

BLT / 14.5

Bacon Rashers / Iceberg Lettuce / Tomato / Mozzarella / Smoky BBQ Sauce

CALABRESE / 14.5

Salami / Onion / Capsicum / Olives / Spinach / Pesto Sauce



PASTA LINGUINE OR PENNE

GNOCCHI / VEAL RAVIOLI / GLUTEN FREE PENNE +3

NAPOLITANA (V) / 17.9

A Traditional Italian Rich Tomato Sauce

SICILIAN / 20.9

Cacciatore / Anchovies / Tomato / Capsicum / Olives / Extra Virgin Olive Oil

CARBONARA / 21.9

Bacon / Onion / Cracked Pepper / Parmesan / Egg / Creamy White Wine Sauce

RAGOUT / 21.9

Slow Braised Osso Bucco in Spiced Tomato Sauce

PRIMAVERA (V) (VE) AVAILABLE / 21.5

Zucchini / Sundried Tomato / Capsicum / Baby Spinach / Onion / Roasted Tomato sauce / Cream

CHICKEN POLLO / 23.9

Chicken Breast / Bacon / Roasted Capsicum / Spinach / Onion / Herbed Rosé Sauce

GAMBERI / 25.5

Tiger Prawns / Onion / Garlic / Tomato / Baby Spinach / Touch of Chili / Rosé sauce

AVO POLLO / 23.5

Chicken Breast / Avocado / Semi Sundried Tomato / Creamy White Wine Sauce

MARINARA (TOMATO SAUCE AVAILABLE) / 28.9

Prawns / Squid / Crab Meat / Mussels / Chili / Extra Virgin Olive Oil & White Wine Emulsion

TRADITIONAL PIZZA 9" & 12" / GF AVAILABLE +4

MARGHERITA / 18.5 / 20.5

Mozzarella / Basil Leaves / Cracked Black Pepper

WOODSTOCK / 18.9 / 20.9

Spinach / Mozzarella / Roast Pumpkin / Olives / Semi Sundried Tomato / Rocket

FORMAGIO / 18.9 / 20.5

Mozzarella / Fior Di Latte / Pecorino / Feta / Herbs

PEPPERONI / 18.9 / 20.5

Mozzarella / Pepperoni / Onion / Tomato / Pecorino / Chili

HAWAIIAN / 18.7 / 20.7

Virginia Ham / Mozzarella / Sweet Pineapple

SPARGO'S / 19.9 / 22.5

Salami / Virginia Ham / Mozzarella / Mushroom / Capsicum / Anchovies / Pineapple

THE GREEK / 20.9 / 22.9

Greek Style Marinated Lamb / Mozzarella / Lamb Souvlaki / Tomato / Onion / Olive / Fetta

GOURMET PIZZA 12"

POLLO GRIGLIA / 22.5

Baby Spinach / Bocconcini / Chicken Breast / Capsicum / Onion / Smokey BBQ

CARNIVORE / 23.7

Mozzarella / Salami / Chicken Breast / Bacon / Leg ham / Lettuce / Chimmichuri

RAGU / 22.9

Slow Braised Osso Bucco / Bocconcini / Herbs

FRUTTI DI MARE / 25.5

Prawns / Squid / Anchovy Fillet / Mussel / Tomato / Onion / Romesco Sauce

RISOTTO

FUNGHI (V) (GF) (VE) AVAILABLE / 19.9

Medley of Mushroom / Onion / Creamy Porcini Sauce

DI MARE (GF) / 28.9

Medley of Seafood / Onion / Tomato / Chili / Fish Stock / Tomato Sauce

DI POLLO (GF) / 23.9

Chicken Breast / Capsicum / Onion / Roquette / Parmesan / Chicken Stock / Cream

SECONDI / MAINS

CHICKEN SCHNITZEL / 21.9

Panko Crumb Chicken Breast / Beer Battered Chips / Garden Salad / Lemon Wedges

EGGPLANT PARMAGIANA (V) (VE) / 21.5

Crumbed Eggplants / Tomato Sauce / Grilled Cheese / Battered Chips / Salad

POLLO CON FUNGHI (GF) / 26.9

Sous Vide Chicken Breast / Mash Potato / Creamy Truffle Sauce / Portobello

CHICKEN PARMAGIANA / 22.5

Chicken Schnitzel / Shaved Leg Ham / Napolitana Sauce / Grilled Cheese / Chips / Salad

SPARGO'S PARMAGIANA / 22.9

Chicken Schnitzel / Smokey Bacon / BBQ Sauce / Grilled Cheese / Chips / Salad

POLLO ZINGERELLA (GF) / 26.5

Oven Baked Chicken Breast / Confit Potato / Zucchini / Capsicum / Honey Mustard Sauce

SPARGO'S BURGER / 21.9

Angus Beef Patty / Bacon / Cheese / Tomato / Lettuce / Chef's Special Sauce / Beer Battered Chips

ANGUS SCOTCH FILLET (GF) / 30

Chargrilled / Creamy Mash Potato / Sautéed Broccolini / Veal & Red Wine Jus

SHASHLIK / 27.0

Marinated Rump / Capsicum / Onion / Salad / Flat Bread / Tzatziki

SEAFOOD

GARLIC PRAWNS (GF) / 26.9

Tiger Prawns / Creamy Garlic Sauce / Arborio Rice / Salad

SALT AND PEPPER CALAMARI / 26.5

Tender Local Squid / Sweet Salsa Aioli / Beer Battered Chips / Garden Salad

BARRAMUNDI (GF) / 28.9

Oven Baked Barramundi / Rosemary Potato / Beurre Blanc / Rocket / pear / parmesan

SALMON / 29.9

Lemon Pepper Crusted Tasmanian Salmon / Roast Potato / Sautéed Broccolini / Café de Paris

INSALATA / SALAD

CHICKEN CAESAR / 23.9

Grilled Chicken / Poached Egg / Cos Lettuce / Anchovies / Bacon / Italian Parmesan / House Croutons

ORIENTAL SQUID (GF) / 23.9

Tender Local Squid / Carrot / Bean sprout / Cucumber / Onion / Crunchy noodle / coriander / Nahm Jim

MEDITERRANEAN LAMB (GF) / 24.9

Lamb Souvlaki / Feta / Tomato / Cucumber / Olive / Onion / Lettuce / Capsicum / Lemon Vinaigrette

SEE KIDS MENU ON REVERSE

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