

BREAKFAST / UNTIL 11:30AM

EGGS YOUR WAY (V) / 12.9

Poached, Scrambled or Fried Free Range Eggs / Toasted Milanese / Baby Spinach / Salted Butter

BREAKFAST ROLL / 15.5

Fried Free Range Eggs / Bacon Rashers / Cheese / Tomato Relish

PANCAKE (V) / \$16.0

Staked Fluffy Buttermilk Pancakes / Mix Berries / Berries Coulis / Vanilla Ice Cream

NONNA'S BREAKFAST BRUSCHETTA (V) / 16.9

Medley of Vegetables / Scrambled Eggs / Italian Spices on Toasted Milanese

EGGS BENE / 17.50

Poached Free Range Eggs / Smoked Leg Ham / Baby Spinach / on Toasted Milanese / Hollandaise Sauce / **Bacon Instead of Ham +\$2**

CANADIAN BREAKFAST / 18.9

Fluffy Buttermilk Pancake / Bacon Rashers / Fried Free Range Eggs / Canadian Maple Syrup

OMLETTE / 18.9

3 Free Range Eggs / Ham / Mushroom / Spinach / Tomato / Spanish Onion / Mozzarella / Toasted Milanese

SMASHED AVOCADO (V) / 20.50

Freshly Smashed Avocado / Poached Free Range Eggs / Milanese Toast / Pomegranate / Super Seeds / Rocket / Feta / Onion

EGG ROYAL / 19.9

Tasmanian Smoked Salmon / Poached Eggs / Sautéed Spinach / Hollandaise / Toasted Milanese

SPARGO'S BREAKFAST / 20.9

Smoked Tasmanian Salmon / Poached Eggs / Milanese Toast / Sweet Balsamic / Rocket Parmesan & Pear Salad

BIG B / 21.9

Poached, Scrambled or Fried Free Range Eggs / Bacon Rashers / Continental Sausage / Baked Mushroom / Tomato / Baby Spinach / Toasted Milanese

EXTRAS

+\$2 / Egg (Poached / Scrambled or Fried) / Hash Brown / Mushroom / Tomato

+\$3 / Bacon Rasher / Continental Sausage / Avocado / Smoked Salmon

HERBED PIADINA FLAT BREAD / LUNCH TIME ONLY

SPARGO'S / 15.5

Italian Sopressa Salami / Baby Bocconcini / Wild Rocket / Roasted Capsicum

POLLO / 15.9

Roasted Chicken Breast / Semi Sun-Dried Tomato / Fior Di Latte / Baby Spinach

PIADINA VERDURA (V) / 15.5

Oven Roasted Capsicum / Pumpkin / Olive / Feta / Basil Pesto

FOCACCIA / LUNCH TIME ONLY

ROASTED CHICKEN / 15.0

Roasted Chicken Breast / Fresh Avocado / Iceberg Lettuce / Garlic Aioli

SMOKED TURKEY / 15.0

Wood-Smoked Turkey / Cream Cheese / Cranberry Sauce / Iceberg Lettuce

CLASSIC CAESAR / 15.5

Char-Grilled Bacon / Roasted Chicken Breast / Iceberg Lettuce / Italian Parmesan / House-made Caesar Dressing

SMOKED SALMON / 15.9

Tasmanian Smoked Salmon / Capers / Lettuce / Spanish Onion / Cheese Sour Cream

GREEK LAMB / 15.9

Greek Style Marinated Grilled Lamb / Iceberg Lettuce / Tomato / Spanish Onion / House-made Tzatziki

SPARGO'S BLT / 15.0

Bacon Rashers / Iceberg Lettuce / Tomato / Mozzarella Cheese / Smoky BBQ Sauce

CALABRESE / 15.0

Italian Salami / Olive / Capsicum / Chilli / Mozzarella / Lettuce

(V) Vegetarian / (GF) Gluten Free. Some dishes may have ingredients not listed. Please let us know if you have any allergies & check with staff before ordering.

MINI ME FOR KIDS / 12 YEARS & UNDER

PENNE NAPOLITANA (V) / 13.7

GF AVAILABLE

Napolitana Sauce / Basil / Parmesan

CHICKEN NUGGETS + CHIPS / 13.5

Chicken Nuggets & Chips / Tomato Sauce

CHEESY PASTA / 13.9

Penne or Linguine in Creamy Cheese Sauce

LITTLE LION PIZZA / 13.5

Roasted Chicken / Bacon / Mozzarella Cheese

MINI HAWAIIAN / 13.5

Pizza sauce / Shaved Ham / Juicy Pineapple / Mozzarella Cheese

KIDDY FISH & CHIPS / 13.9

Beer Battered Fish / Tartar Sauce / Lemon Wedge

KIDS JUICES / 4.2

Apple / Orange / Apple & Blackcurrant

SOFT DRINKS

300ml / 4.9

PEPSI / PEPSI MAX / LEMONADE / SODA WATER / SOLO LEMON

SUNKIST 375ML CAN / 4.9

LEMON LIME & BITTERS / 5.0

SODA LIME & BITTERS / 5.0

GINGER BEER / 4.9

WATERS

COOL RIDGE NATURAL SPRING WATER / 3.9

SCHWEPES SPARKLING 300ml / 4.5

SCHWEPES SPARKLING 750ml / 8.9

COCONUT WATER / 4.5

FLAVOURED SPARKLING MINERAL WATER

ORANGE & MANGO / 4.7

BLOOD ORANGE / 4.7

SCHWEPES INDIAN TONIC WATER / 4.7

DRY GINGER ALE / 4.7

JUICES

SPRING VALLEY MANGO BANANA JUICE / 5.9

SPRING VALLEY PINEAPPLE JUICE / 5.9

CHARLIE'S HONEST SQUEEZED

ORANGE JUICE / 6.5

CHARLIE'S HONEST PRESSED

APPLE JUICE / 6.5

SHAKES

CHOCOLATE / VANILLA / STRAWBERRY / CARAMEL / BANANA / 6.7

LIPTON ICE TEA

LEMON / PEACH / MANGO / 5.5

NATURAL JUICE SMOOTHIES

APPLE / BANANA / LYCHEE & MANGO / 5.9

APPLE / PEACH / KIWI / MANGO & LIME / 5.9

APPLE / GUAVA / BLACKCURRANT /

STRAWBERRY & BLUEBERRY / 5.9

APPLE / ORANGE / GUAVA / BANANA /

PINEAPPLE & PAW PAW / 6.9

CHARLIE'S FRUIT FIX MANGO, COCONUT

WITH BANANA, APPLE & ORANGE / 6.9

SPARGO'S FRESH SMOOTHIES

RED FOR ANTIOXIDANT / 7.5

STRAWBERRY / BANANA /

RASPBERRY / POMEGRANATES / DATES

GREEN FOR DETOX / 7.5

KALE / SPINACH / KIWI /

PINEAPPLE / AVOCADO

YELLOW FOR ENERGIZE / 7.5

BANANA / APRICOT / MANGO /

TURMERIC / HONEY

PURPLE FOR IMMUNE / 7.5

BLUEBERRY / DRAGON FRUIT /

BEETROOT / PINEAPPLE / GINGER

MILK OR WATER

COCONUT MILK / ALMOND MILK /

SOYMILK / ZYMIL / 1.0

COFFEE & TEA

LONG MACCHIATO / CAPPUCCINO / 3.9

FLAT WHITE / LONG BLACK / LATTE / 3.9

HOT CHOCOLATE / 3.9

CHAI LATTE VANILLA / CHAI LATTE SPICE / 4.9

VIENNA COFFEE / VIENNA CHOCOLATE / 4.9

MOCHA / 4.8

ICED CHOCOLATE / ICED COFFEE / 6.0

AFFOGATO / 6.0

SHORT BLACK / 3.5

SHORT MACCHIATO / 3.5

BABYCINO / 1.3

COFFEE ADDITIONS

MUG UPGRADE / 1.1

ALMOND MILK / FLAVOURS / 1.2

EXTRA ESPRESSO / 1.0

SOY MILK / ZYMIL MILK / 1.0

EXTRA ICE CREAM / 1.0

TEA

ENGLISH BREAKFAST / CHAMOMILE / 3.9

PEPPERMINT / EARL GREY / 3.9

GREEN TEA / 3.9

GINGER & LEMONGRASS / 3.9

GLASS OF JUICE

ORANGE / APPLE / 4.9



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PASTA / LINGUINE OR PENNE
OPTIONAL GLUTEN FREE PENNE +3 / HOMEMADE POTATO GNOCCHI +2

TURKEY ALLA PANNA / 23.7
Smoked Turkey Breast / Mushroom / Onion / Parmesan Cheese / Creamy White Wine Sauce

CARBONARA / 24.9
Bacon / Egg / Garlic / Cracked Black Pepper / Parmesan Cheese / Double Cream

TUSCANY / 24.5
Chicken Breast / Mushroom / Sun-Dried Tomato / Olives / Onion / Creamy Pesto Sauce

POLLO / 26.7
Roasted Chicken / Bacon / Roasted Capsicum / Spanish Onion / Baby Spinach / Rosé Sauce

GAMBERI / 26.9
Tiger Prawns / Onion / Garlic / English Spinach / Rosé Sauce / Touch of Chilli

BOSCAIOLA / 24.5 (V)
Swiss Brown Mushroom / Onion / Baby Spinach / Parmesan Cheese / Creamy White Wine Sauce

OSSO BUCCO RAGOUT / 24.7
Slow Cooked Osso Bucco in Spiced Tomato Sugo

POLLO AVOCADO / 24.9
Roasted Chicken Breast / Fresh Avocado / Semi Sun-Dried Tomato / White Wine / Cream Sauce

MARINARA / 29.0
Prawns / Crab Meat / Squid / Mussels / White Wine / Extra Virgin Olive Oil / Touch of Chilli

PUTANESCA / 24.5
Anchovies / Tomato / Olives / Capers / Onion / Garlic / in Tomato Sugo / Touch of Chilli

VERDURE/ 23.5 (V)
Sundried Tomato / Zucchini / Capsicum / Onion / Baby Spinach / Roasted Tomato Sauce / Dash of Cream

RISOTTO

FUNGHI (GF) / 24.5
Medley of Mushroom / Onion / Parmesan Cheese / Porcini Stock / Dash of Cream

DI POLLO (GF) / 25.5
Chicken Breast / Roasted Capsicum / Onion / Rocket / Chicken Stock / Cream

DI MARE (GF) / 28.9
Medley of Seafood / Tomato / Onion / Chilli / Fish Stock / Sugo

SEAFOOD

ATLANTIC SALMON (GF) / 29.9
Lemon Pepper Crusted Atlantic Salmon Fillet / Sautéed Broccolini / Confit Potato / Café De Paris

FISH 'N CHIPS / 27.9
Cooper’s Ale Battered Local Flathead / Spargo’s Chips / Garden Salad / House-made Tartare

GARLIC PRAWNS (GF) / 27.9
Pan Fried Tiger Prawns / Creamy Garlic Sauce / Steamed Rice / Side Garden Salad

BARRAMUNDI (GF) / 29.5
Oven Baked Barramundi Fillet / Rosemary Potato / Creamy Lemon Veloute / Rocket Pear & Parmesan Salad

SALT AND PEPPER SQUID / 27.5
Fried Tender Local Squid Fillet / Spargo’s Chips / Garden Salad / Sweet Salsa Aioli

ON THE SIDE

BASKET OF POTATO CHIPS / 11.5 with Tomato Sauce

SPICED POTATO WEDGES / 12.5 with Sour Cream & Sweet Chilli

SWEET POTATO CHIPS / 12.9 with Sour Cream & Sweet Chilli

BRUSCHETTA POMODORO / 14.5
Tomato / Spanish Onion / Parsley / Basil / Garlic / Bocconcini / Balsamic Reduction / Toasted Sourdough

GARLIC BREAD / 7.0

GRAVIES & SAUCES / 2.0
Traditional / Green Peppercorn / Mushroom / Dianne / Hollandaise



TRADITIONAL PIZZA / SAN MARZANO TOMATO BASED
OPTIONAL GLUTEN FREE PIZZA BASE +4

TUSCANY / 23.7
Roasted Chicken Breast / Semi Sun-Dried Tomato / Kalamata Olives / Mushroom / Fior Di Latte / Basil Pesto Base

MARGHERITA (V) / 19.7
Freshly Sliced Tomatoes / Mozzarella / Handpicked Basil Leaves / Cracked Black Pepper / Bocconcini

QUATRO FORMAGIO (V) / 20.7
San Marzano Tomato Sauce / Mozzarella / Fior Di Latte / Parmesan / Fetta

HAWAIIAN / 20.90
Triple Smoked Shaved Leg Ham / Mozzarella / Sweet Pineapple

DI POLLO / 23.7
Roasted Chicken Breast / Bacon / Mozzarella / Fresh Spinach / Roasted Capsicum / Onion / Oregano

THE GREEK / 23.9
Low & Slow Cooked Greek Style Marinated Lamb / Mozzarella / Fresh Tomato / Spanish Onion / House-made Tzatziki

WOODSTOCK (V) / 21.7
Semi Sun-Dried Tomato / Mozzarella / Roasted Capsicum / Roasted Pumpkin / Olives / Baby Spinach / Roquette Leaves

TANDOORI / 23.75
Marinated Tandoori Chicken Breast / Mozzarella / Garden Spinach / Spanish Onion / House-made Raita

PEPPERONI / 20.9
Pepperoni / Fresh Tomato / Mozzarella / Pecorino / Touch of Chilli

GOURMET PIZZA

TEX MEX / 23.9
San Marzano Tomato Sauce / Spicy Seasoned Beef Mince / Mozzarella / Bacon / Jalapeno / Mushroom / Spanish Onion / Chipotle BBQ

BBQ CHICKEN / 23.9
San Marzano Tomato Sauce / Roasted Chicken Breast / Mozzarella / Virginia Ham / Bocconcini / Smoky BBQ Sauce

SPARGO’S / 23.9
San Marzano Tomato Sauce / Italian Salami / Triple Smoked Ham / Mozzarella / Garden Mushroom / Sweet Pineapple / Roasted Capsicum / Anchovies

FRUTTI DI MARE / 25.5
San Marzano Tomato Sauce / Prawns / Squid / Smoked Oyster / Anchovies / Tomato / Onion / Romesco Sauce

CARNIVORE / 23.9
San Marzano Tomato Sauce / Spiced Mince Beef / Chicken Breast / Mild Salami / Bacon / Triple Smoked Leg Ham / Chimmichurri

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MAINS

CHICKEN BREAST SCHNITZEL / 22.7 / SAUCE + 2
Panko Crumbed Chicken Breast / Spargo’s Chips / Garden Salad

CHICKEN PARMAGIANA / 24.8
Panko Crumbed Chicken Breast / Napolitana Sauce / Melted Mozzarella Cheese / Spargo’s Chips / Garden Salad

SPARGO’S PARMAGIANA / 25.8
Panko Crumbed Chicken Breast Topped / Smokey Bacon / BBQ Sauce / Mozzarella Cheese / Spargo’s Chips / Garden Salad

EGGPLANT PARMAGIANA / 21.9
Panko Crumbed Eggplant / Sugo / Parmesan / Mozzarella / Spargo’s Chips / Garden Salad

GREEK SHASHLIK / 26.5
Greek Style Chargrilled Marinated Beef Skewer / Greek Salad / Pita Bread / Tzatziki

CHARGRILLED SCOTCH FILLET (GF) / 32.9
Chargrilled Grain Fed Scotch Fillet / Rosemary Potato / Rocket / Red Wine Shallot Jus

POLLO ZINGERELLA (GF) / 27.9
Sous Vide Chicken Breast / Confit Potato / Sauteed Zucchini / Capsicum / Spinach / Creamy Honey Mustard Sauce

BURGERS / SERVED ON BRIOCHE BUN WITH CHIPS / GF AVAILABLE +2

ANGUS BEEF BURGER / 23.7
Premium Grade Angus Beef Patty / American Cheese / Bacon / Lettuce / Sliced Tomato / Chef’s Special Sauce

CHICKEN BURGER / 22.5
Grilled Chicken Breast / Cheese / Smashed Avocado / Baby Spinach / Sweet Salsa Aioli

VEGGIE BURGER (V) / 21.9
Vegetables Patty / Roasted Capsicum / Onion / Cheddar / Lettuce / Pesto Aioli

SALADS

ROASTED VEGGIE SALAD (GF) / 19.5
Roasted Carrot / Parsnip / Beetroot / Pumpkin / Spiced Hummus / Baby Spinach / Roquette. Add Chargrilled Chicken +4

CHICKEN CAESAR SALAD / 23.5
Chicken Breast / Poached Egg / Crisp Cos Lettuce / Anchovies / Bacon / Italian Parmesan / Home-Made Croutons / Caesar Dressing

GREEK LAMB SALAD (GF) / 23.70
Lamb Souvlaki / Lettuce / Cucumber / Tomato / Capsicum / Onion / Olive / Feta / Drizzled Lemon Vinaigrette

SUMMER SALMON SALAD (GF) /23.9
Smoked Salmon / Baby Spinach / Roasted Capsicum / Beetroot / Tomato / Smashed Avocado / Onion / Roasted Sesame Dressing

VEGAN MENU / 100% PLANT BASE

VEGAN SCHNITZEL (V) / 23.5
Plant Based Schnitzel / Crunchy Chips / Garden Salad

ORIENTAL LINGUINE (V) / 22.5
Wok Tossed Vegan Duck Meat / Zucchini / Capsicum / Onion / Spargo’s Special Oriental Sauce

SPARGO’S VEGAN BURGER (V) / 22.5
100 % Plant Base Burger Patty / Vegan Cheese / Tomato / Lettuce / Vegan Aioli / Crispy Chips

ABSOLUTE VEGAN PIZZA (V) / 22.9
Pesto Base / Vegan Cheese / Roasted Pumpkin / Capsicum / Mushroom / Onion / Spinach / Sweet Salsa / Roquette

KIDS MENU ON BACK PAGE